

B e g i n n i n g S e p t e m b e r 2 0 1 8
Know Yourself, Transform Your Life
The Pathwork Five-Year Transformation Program

Join us to gain a true understanding of who you are and how you create your life experience

Over the course of the program, you will:

- Get to know the best and worst in yourself, with equanimity and compassion
- Uncover beliefs and attitudes that keep you stuck, and gain greater mastery over yourself and your life
- Learn relationship skills that will deepen your relationship both with yourself, and with others
- Open new avenues of creativity and inspiration

And benefit from group support

- Join others who share you desire to understand self and life more deeply
- Guided by leaders who have personally experienced transformation

Don't miss this life-changing experience!

A new group is forming in Trenton, New Jersey this Sept. 2018, led by Carol Day



We invite you to embark on one of the most important journeys of your life

LEARN MORE:

Please contact Carol for information re: specific requisites, financial aid, program costs and application procedure. Classes begin in September

DATES:

All classes are on Sunday from 10-4.
September 23,
October 21,
November 11 and
December 16.
Remaining dates TBD

Carol Day has been leading the 5-year Transformation Program in Trenton for 20 years, and maintains a private practice in Pathwork Transformation work as well as energy work.

Carolday3@verizon.net
or 609-392-7855

PREREQUISITES FOR THE PROGRAM:

- A Pathwork workshop (Pathwork Studies Workshop or other 1-date workshop or lecture-studies series)
- Three private sessions with a Pathwork Helper/leader of the class

PHILADELPHIA
PATHWORK
REGION
www.PhilaPathwork.org