

Free Monthly Pathwork  
Lecture Discussion Groups

# Living the Path 2022/2023

*The journey to freedom and inner peace  
What is the responsibility that sets you free?*

This season, we take a close look at what makes us tick, starting with personality types and expanding from there. Across the lectures, the Guide lays out the human condition in detail and from a great height. The more we understand ourselves, the more we're able to take responsibility for the creation that is our lives. We look forward to your joining us on this journey!

Pathwork Teachers lead the discussions which include meditations, prayers and exercises. Open to new and experienced Pathworkers. Come to one or all the sessions.

## This year's lectures:

- Oct #43** Personality – Three Basic Types: Reason, Will and Emotion
- Nov #77** Self-Confidence – Its True Origin and What Prohibits It
- Dec #58** The Desire for Happiness and the Desire for Unhappiness
- Jan #46** Authority
- Feb #95** Self-Alienation – The Way Back to the Real Self
- Mar #113** Identification with Self
- Apr #114** Struggle – Healthy and Unhealthy
- May #157** Infinite Possibilities of Experience Hindered by Emotional Dependency
- Jun #232** Being Values Versus Appearance Values – Self Identification

*"Whatever life is for you, that you are yourself. Whatever your life appears to you is an exact facsimile of how you experience yourself. It is the greatest error possible to believe that you are one thing and the life you are put into is another. This is not so. Whenever these words will have an inner meaning and reality for you, you will have reached a stage of development when you no longer have to fear, when you are no longer a helpless straw in the wind."*  
–Pathwork Lecture 114: Struggle—Healthy and Unhealthy

PHILADELPHIA  
**PATHWORK**  
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### **For dates and times:**

[www.philapathwork.org/living-the-path](http://www.philapathwork.org/living-the-path)