

Living the Path as Women of Color

Year Long Pathwork Lecture Study 2023/2024

Join us in an intriguing discussion as we support one another in a Circle of Sisterhood to relish life differently while in the comfort of your own home.

Our initial study will be the fundamental teaching of the Path and examine how it applies to self. Doing so requires the essential to deal with confusions, inner misconceptions, misunderstandings, destructive attitudes, alienating defenses, negative emotions, and paralyzed feelings. Changing your feelings requires the slow process of self-development and self-recognition.

Lecture Study will be held on the 1st Thursday of each month AND is FREE!

Oct 5th: Lecture #25. The Path: Initial Steps...
Nov 2nd: Lecture #14. Higher Self, Lower Self, Mask
Dec 7th: Lecture #30. Pride Self-Will and Fear
Jan 4th: Lecture #38. Images
Feb 1st: Lecture #83. Idealized Self Image
Mar 7th: Lecture #199. Meaning of Ego
Apr 4th: Lecture #174. Self-Esteem
May 2nd: Lecture #182. Meditation in Three Voices
Jun 10th: Year in Review: Practice:
Lecture #182. Meditation in Three Voices

*"THE PATH is about changing your inner-most feelings.
How to go about it is the question. Just know, you cannot
change anything as long as you do not know what is
really in you."*
Pathwork Lecture #25

When:

Thursday Oct. 5th 2023
6:30 to 8 pm

Where:

online via Zoom Channel
of Dr. Renee Whatley
Sign in-215-868-3558

Cost:

FREE

Facilitators:

Linda Hester- Pathwork Helper
Peggy Williams- Pathwork
Associate Helper

*INSPIRED BY Dr. Renee Whatley –
Senior Pathwork Helper*

Artwork by Keisha Whatley

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